# SPRINGWATER:

## PROPOSED 192 BED LONG TERM CARE HOME AS PART OF A CAMPUS OF CARE COMMUNITY

Presentation to Meeting of Council

Jill Knowlton, Chief Operating Officer

Matthew Melchior, President

**March 4, 2020**

# Overview: primacare

- 3 owned LTC Homes: 480 beds

- 3 managed LTC Homes for other operators: 331 beds

- 192 bed LTC Home within a Campus of Care coming to Waterdown (Hamilton) – part of first 5,000 new beds awarded by MLTC

- Over 30+ years experience in operating LTC Homes

- Innovative design and care model: The Butterfly Model of Care

- I2P2 Research Grant: Centre for Aging + Brain Health Innovation/Baycrest implementing VR as a therapy in residents with moderate to severe dementia

- 3 RNAO Best Practice Spotlight Award entries into 3 year project implementing Best Practice Guidelines in all Homes

- 95% Satisfaction Rating

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# Demand

- Demographic pressure for LTC beds: 600 beds needed today
- 14% of population age 75+
- Average waitlist time for a basic bed = 7 years
- 1000+ people on waitlist for 10 Homes in sub region
- High ALC bed rate – 227 patients/101 in RVH
- Median wait time to LTC admission from hospital = 220 days
- 70% crisis admission rate
- Residents must travel outside of community for access to a LTC Bed

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# Proposal

- 192 bed LTC Home: the anchor
- Broad spectrum "Campus of Care" to include: seniors apartments, adult day services, primary care + community space for programs and socialization
- Partnerships + Community Relationships – Indigenous Cultural Partnership
- Other amenities: hair salon, lab, pharmacy, pub, community garden, library, laundry, dining
- Research + Innovation Hub

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# Benefits

- Provide care close to home

- Create a service continuum: allows aging in place + mitigates premature/unnecessary use of ER/acute and LTC beds (end hallway medicine) + manage transitions

- Support seniors to be healthy and independent

- Reduce social isolation/promote increased social participation across the lifespan

- Research + Innovation Centre

- Employment: 250 jobs across many disciplines

- Living Classroom: transition to regular employment

- Increase tax base

- Internal + External Volunteerism

- "Give Back" to the community

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# Innovation

- Campus of Care

- Building Design

- Models of Care

- Seniors' Hub

- Social Capital + Connections within and outside the Campus

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# Butterfly Model: Design
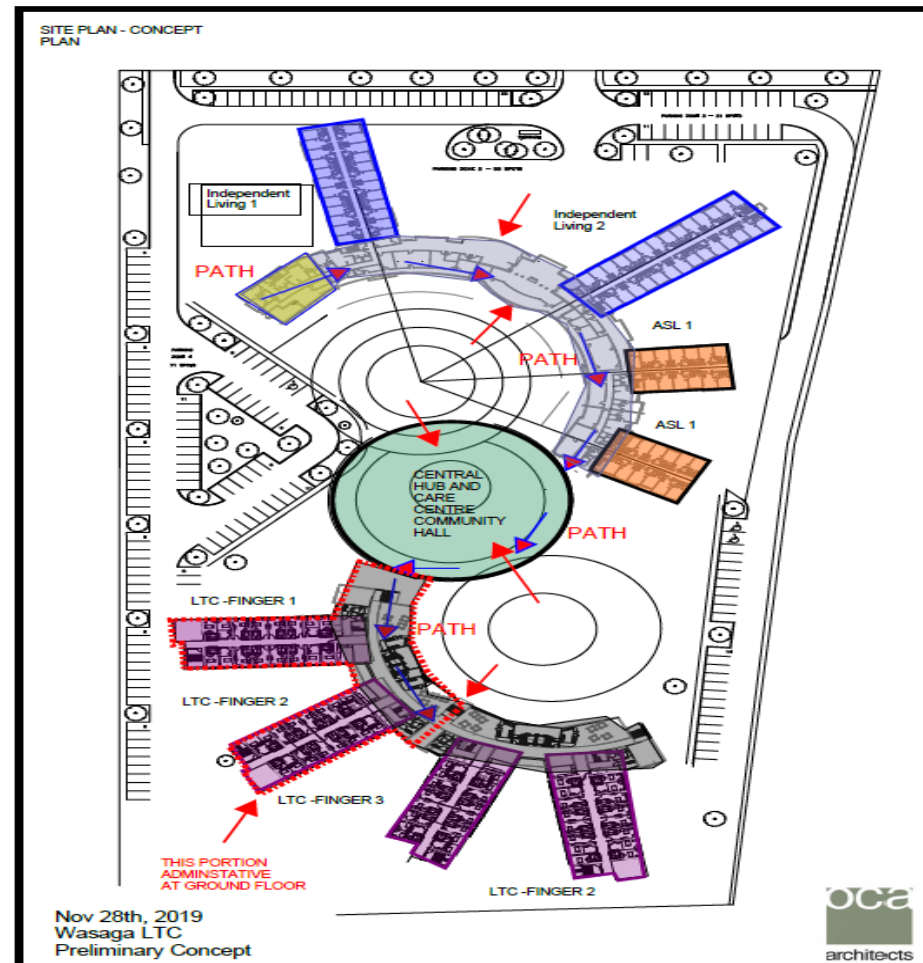
# Key Elements

- Policies and procedures that **shift culture** to prioritize emotional well-being;
- Utilizing vibrant paint colours and re-designing the unit, **to create a home-like environment** that offer more intimate spaces for eating and engaging in activity – creating a household
- Filling the home with the 'things of life' to **elicit positive memories and feelings** and create moments of discussion between those living with dementia and staff caring for them;
- Family and community engagement to create **more meaningful interactions and engagement**;
- Intense and fulsome education for staff and leaders in the **use of emotional intelligence**; and
- Contributing to the current body of research + advocacy

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# The Environment

**From Beige to …**

# Your own front door



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THIS IS NOT
A FIRE EXIT

Stair
A
Level
1

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# Henley House

# Burton Manor

# Henley Place

# This is Home